

# Sunday, August 9th – The Armour of God: Belt, Breastplate and Boots

Hey Kids Clubbers!

Can you believe we're already halfway through the Armour of God? You know, even though the way we live is changing, God never changes – and neither does what He says in the Bible! In the Bible, God promises to be with us wherever we are, and He gives us His armour to face any challenge.

#### The Belt of Truth

When we put on the belt of truth, it means that we are choosing to surround ourselves in truth. Truth stops us from tripping up and falling over ourselves – just like a belt can help us move easier instead of tripping over the rest of our clothing. Did you know Truth is so important that Jesus said that He is the Truth! We can trust in Jesus because He is the truth, and He never changes.

# The Breastplate of Righteousness

Equipping ourselves with righteousness means to live the right way. Again, Jesus showed us what it means to live a life the right way. He cared for those around Him, showed compassion, but wasn't afraid to stand up for was right – even when it was hard. When we live the right way, it protects our heart.

### **Boots of Peace**

When Paul wrote about being like soldier including what we put on our feet, he said to have our "feet fitted with the readiness that comes with the Gospel of Peace". Whether we think of boots or sandals or any other kind of army shoes, we know that Paul was talking about standing firm in God. When he said "Gospel of Peace", Paul was talking about the Good News about Jesus and all that He taught. The Roman soldiers' sandals would help them stand their ground against the enemy, but it would also help them march long distances — even if it was really rough! The more we learn about who Jesus is and what He taught, the more ready we'll be to tackle anything that comes our way.

# Watch:

### Songs

Armor of God- Covenant Kids Worship <a href="https://www.youtube.com/watch?v=PZ5vIRy0cxw">https://www.youtube.com/watch?v=PZ5vIRy0cxw</a>

### **Stories**

- God's Story: The Armor of God <a href="https://www.youtube.com/watch?v=o7eC-W">https://www.youtube.com/watch?v=o7eC-W</a> XNyw

### Ask:

- 1. Soldiers wear armour when they go into battle they only know how strong the armour is when it gets really tough. When life is tough, how can you make sure you're living in truth, and living the right way?
- 2. We put on our shoes as we get ready to leave the house. The more we know about who Jesus is and what He taught, the more ready will we be to live the life that He wants us to. What are some ways you can learn more about Jesus?
- 3. Jesus said we can pray to Him anywhere and at any time. We can pray to Him when we are happy, or scared, or angry, or sad. Spend some time praying today.

#### Do:

- The Armour of God Colouring Page https://bit.ly/2DkfwVa
- Ephesians 6:11 Colouring Sheet <a href="https://bit.ly/3fuWvwi">https://bit.ly/3fuWvwi</a>