

SEMESTER 1 2020

THEME | What does the bible say about **anxiety**?



WEEK 1: Tuesday 2nd June

Key Scriptures

Proverbs 12:25

Ezekiel 4:16, 12:18-19

Ps 94:19; 139:23

Matt. 6:25-34, Matt. 13:22

Phil. 4:4-9; Phil. 2:20

I Pet. 5:6-9

Word Studies

Hebrew: deagah: anxiety, anxious care

דָּאָגָה

deagah; (deh-aw-gaw')

sarappim: disquieting thoughts

שָׂרָפִים

sarappim: (sar-af')

Greek: merimnaó: to be anxious, to care for

μεριμνάω

merimnaó: (mer-im-nah'-o)

Usage: I am over-anxious; with acc: I am anxious about, distracted; I care for.

merimnáō ("a *part*, as opposed to the whole") – properly, drawn in opposite directions; "divided into parts" (A. T. Robertson); (figuratively) "to go to pieces" because *pulled apart* (in different directions), like the force exerted by sinful *anxiety* (*worry*). (*merimnáō*) is used of *effectively distributing* concern, in proper relation to the *whole* picture (cf. 1 Cor 12:25; Phil 2:20).

(*merimnaō*) is "an old verb for worry and anxiety – literally, to be *divided*, distracted" (*WP*, 2, 156). It is more commonly used in this negative sense in the NT.